

Have You Had A Gap Away From Work?

Are you thinking of returning, or perhaps changing career?

FREE Career Return Workshop

Friday Feb 7th | 10am – 12pm | Harleston Information Plus



Why come along?

- **Career Review**
Try career coaching tools, to help you think through your options
- **Action Plan**
Create your own action plan, to help you take your next career steps
- **Support**
Meet others on the same journey, to share support and encouragement

Explore your career next steps at this friendly, relaxed workshop

Career gaps happen for lots of reasons, including health, job loss or taking time out to raise a family.

It can be daunting to kickstart your career, especially after a gap.

This workshop, run by local social enterprise myworkhive, will help you explore your options and create an action plan.

Talk to us if you need help with childcare or travel costs to attend – some limited support is available.

For more information or to book your free place:

Email lucy@myworkhive.com or phone 0843 289 6812

Held at: Harleston Jobs Club, Harleston Information Plus, 8 Exchange Street.



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